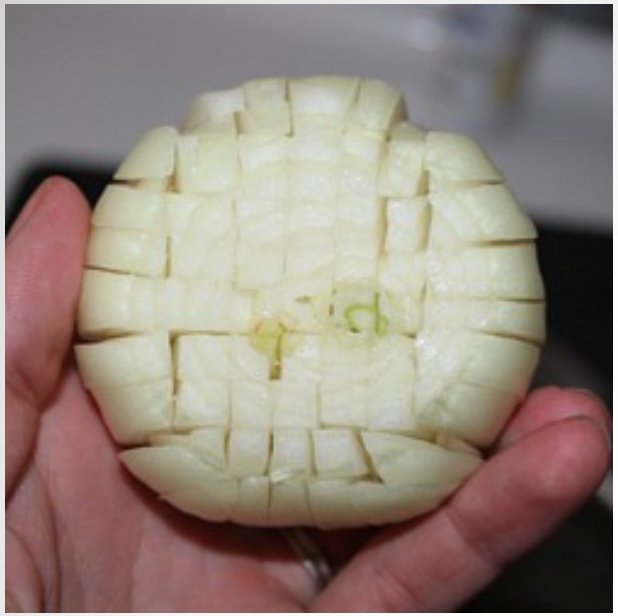
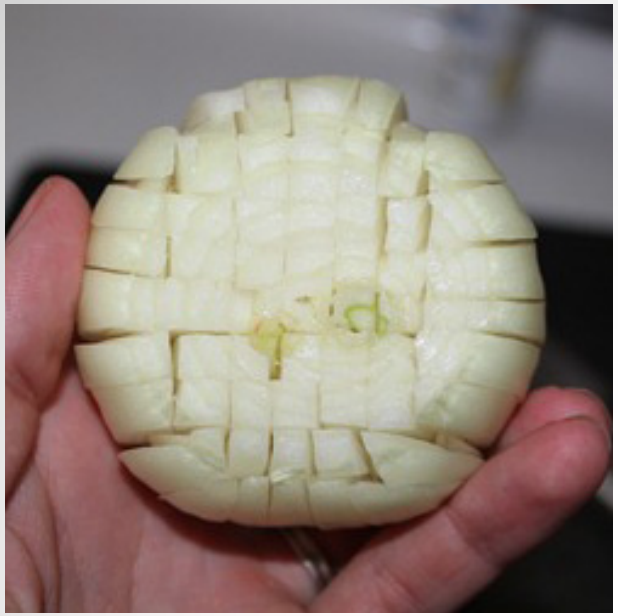
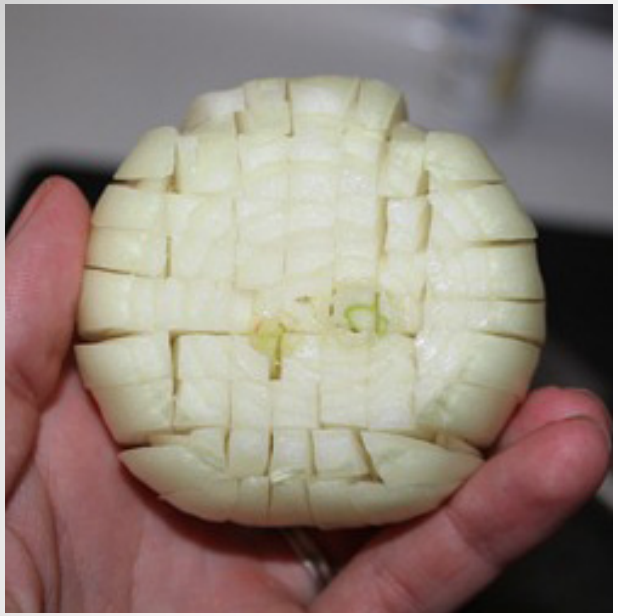
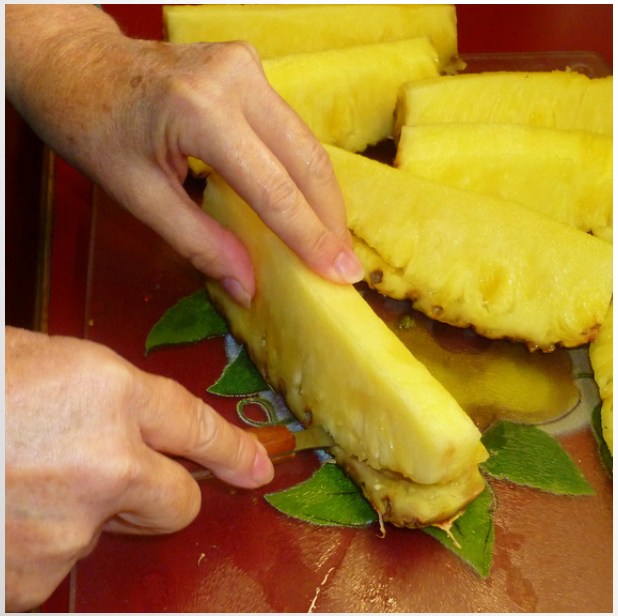
FOODTRIX

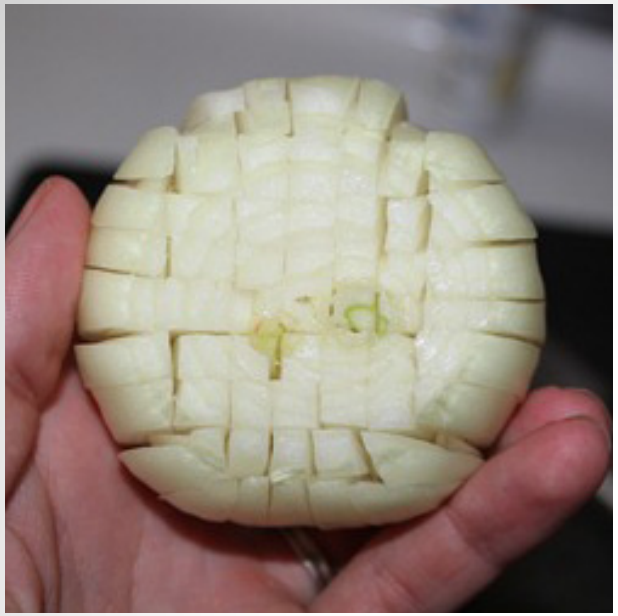
Stephanie Slatt

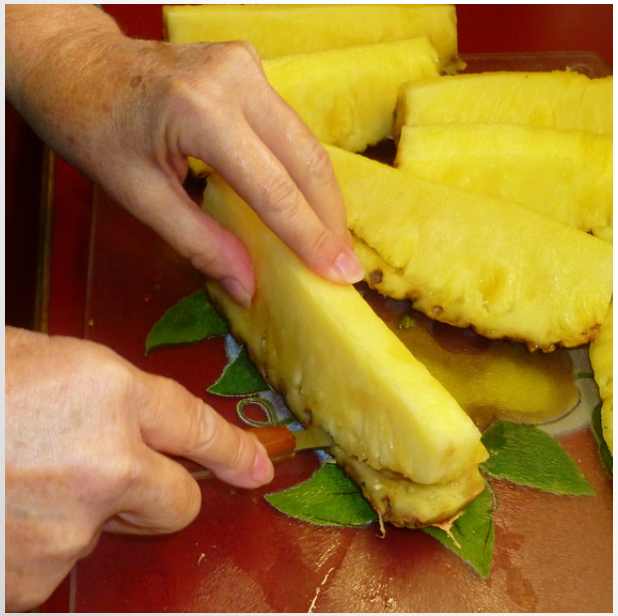




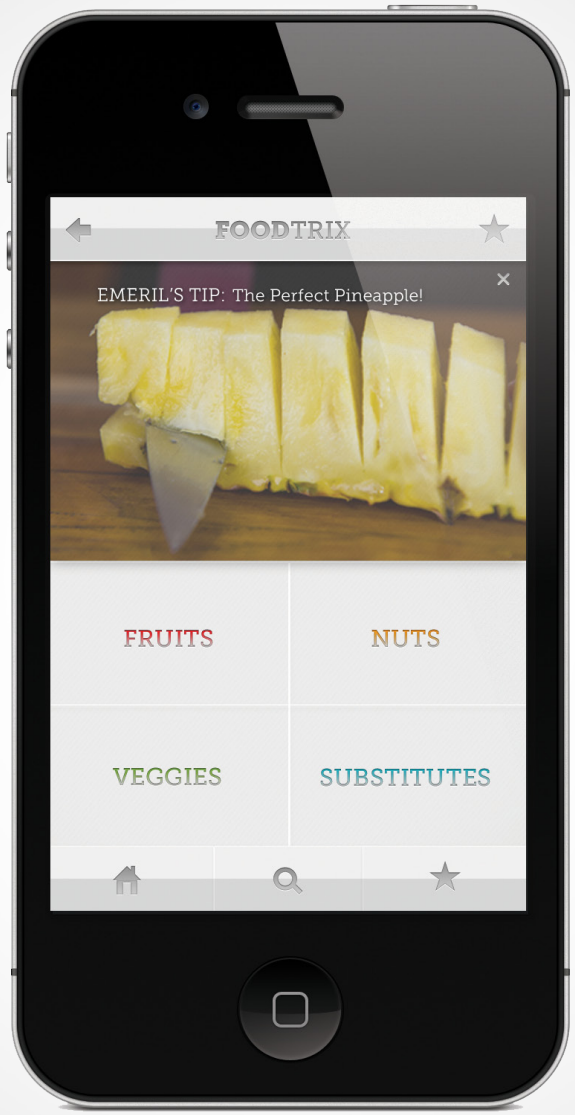




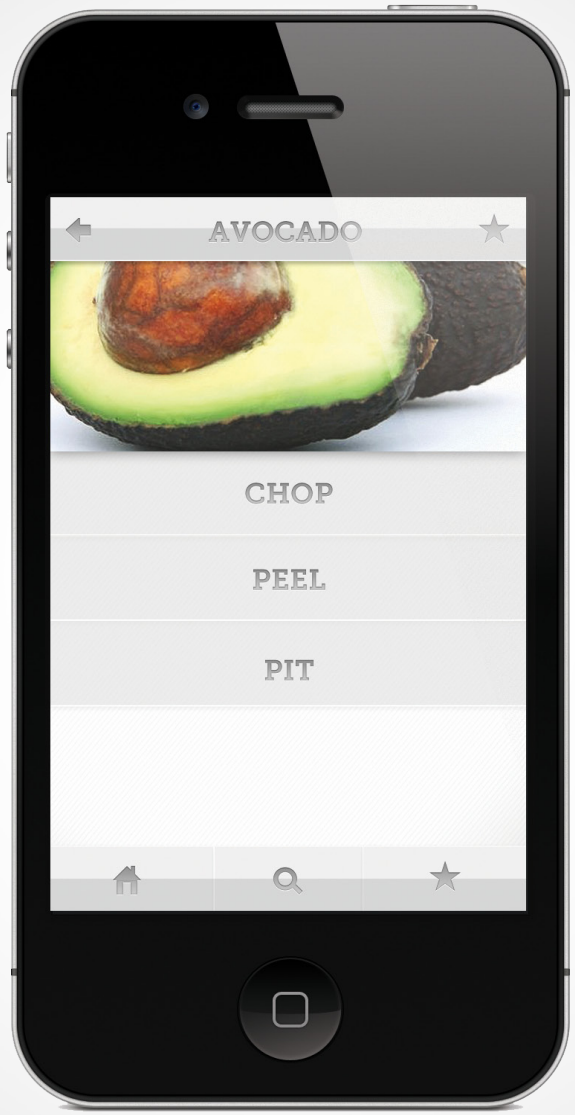


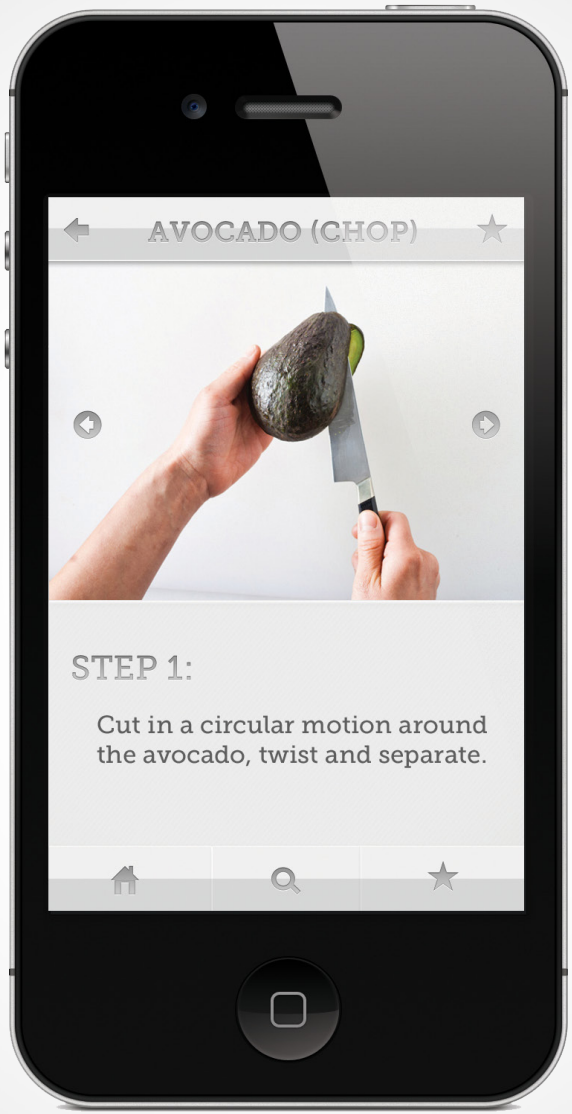


FOODTRIX
GIADA'S SECRET: Perfectly chopped onions.
No tears.
FRUITS
NUTS
VEGGIES
SUBSTITUTES


FOODTRIX
EMERIL'S TIP: The Perfect Pineapple!
FRUITS
NUTS
VEGGIES
SUBSTITUTES

FRUITS
APPLE
AVOCADO
BANANA
ORANGE
PINEAPPLE
STRAWBERRY
WATERMELON


AVOCADO
CHOP
PEEL
PIT


AVOCADO (CHOP)
STEP 1:
Cut in a circular motion around the avocado, twist and separate.

MY FAVS
AVOCADO (CHOP)
ORANGE (PEEL)
ONION (DICE)
APPLE (WEDGE)
PINEAPPLE (CHOP)

FOODTRIX
GIADA'S SECRET: Perfectly chopped onions.
No tears.
FRUITS
NUTS
VEGGIES
SUBSTITUTES

FOODTRIX