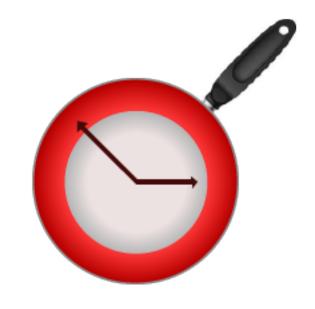
Food Timer



Tingjian (Carrol) Shen Mobile Media

Reason

Pomodoro Technique: time management



It's based on the theory that frequent breaks improves mental agility and focusing on a single task along with using a timer are hard wired in a person's brain, creating better habits.

- Audience: People who need to have a good time management
- Function: Set timer, Record everyday activities and Review activities to do better a time management

